

Discipline and guidance policy for **BLESSINGS FROM ABOVE CCC 1,2,3, LLC**

Name of Child: _____

- ◇ Discipline must be:
 - Individualized and consistent for each child
 - Appropriate to the child's level of understanding
 - Directed toward teaching the child acceptable behavior
- ◇ A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
 - Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior
 - Reminding a child of behavior expectations daily by using clear, positive statements
 - Redirecting behavior using positive statements
 - Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.
- ◇ There must be no harsh, cruel, or unusual treatment of any child. The following types of punishment are prohibited.
 - Corporal punishment or threats or such
 - Punishment associated with food, naps, or toilet training
 - Pinching, shaking, or biting a child
 - Hitting a child with the hand or an instrument
 - Putting anything in or on a child's mouth
 - Humiliating, ridiculing, rejecting, or yelling at a child
 - Subjecting a child to harsh, abusive, or profane language
 - Placing a child in a locked or dark room, bathroom, or closet with the door closed
 - Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and guidance

My signature verifies that I have read and received a copy of this discipline and guidance policy.

Parent/Guardian Signature _____

Date: _____